

Kippie Trevor Grose 12,000 step challenge 2021

Day	Date	Number steps
<i>Week 1</i>		
1	4/1/2021	14698
2	5/1/2021	13780
3	6/1/2021	10532
4	7/1/2021	15940
5	8/1/2021	13360
6	9/1/2021	13643
7	10/1/2021	12141
94094		
<i>Week 2</i>		
8	11/1/2021	12096
9	12/1/2021	12032
10	13/1/2021	8941
11	14/1/2021	12236
12	15/1/2021	13195
13	16/1/2021	12254
14	17/1/2021	13501
84255		
<i>Week 3</i>		
15	18/1/2021	16320
16	19/1/2021	12534
17	20/1/2021	12065
18	21/1/2021	12360
19	22/1/2021	13560
20	23/1/2021	14265
21	24/1/2021	11308
92412		
<i>Week 4</i>		
22	25/1/2021	19963
23	26/1/2021	19053
24	27/1/2021	13823
25	28/1/2021	12013
26	29/1/2021	18035
27	30/1/2021	12327
28	31/1/2021	12306
107520		
<i>Week 5</i>		
29	1/2/2021	14038
30	2/2/2021	12868
31	3/2/2021	12365
32	4/2/2021	14230
33	5/2/2021	13117
34	6/2/2021	13835
35	7/2/2021	12050
92503		
<i>Week 6</i>		
36	8/2/2021	16156

Day	Date	Number steps
37	9/2/2021	15266
38	10/2/2021	18384
39	11/2/2021	13786
40	12/2/2021	15113
41	13/2/2021	12041
42	14/2/2021	12870
103616		
<i>Week 7</i>		
43	15/2/2021	12920
44	16/2/2021	15502
45	17/2/2021	12346
46	18/2/2021	17215
47	19/2/2021	12448
48	20/2/2021	14070
49	21/2/2021	12310
96811		
<i>Week 8</i>		
50	22/2/2021	17118
51	23/2/2021	12118
52	24/2/2021	13748
53	25/2/2021	20866
54	26/2/2021	21855
55	27/2/2021	12008
56	28/2/2021	18848
116561		
<i>Week 9</i>		
57	1/3/2021	14905
58	2/3/2021	20113
59	3/3/2021	21520
60	4/3/2021	16663
61	5/3/2021	17394
62	6/3/2021	21822
63	7/3/2021	12683
125100		
<i>Week 10</i>		
64	8/3/2021	17637
65	9/3/2021	12306
66	10/3/2021	17868
67	11/3/2021	13870
68	12/3/2021	18029
69	13/3/2021	20168
70	14/3/2021	16766
116644		
<i>Week 11</i>		
71	15/3/2021	12345
72	16/3/2021	12224
73	17/3/2021	14057
74	18/3/2021	19730

Day	Date	Number steps
75	19/3/2021	15477
76	20/3/2021	15075
77	21/3/2021	13627
		102535
		<i>Week 12</i>
78	22/3/2021	14362
79	23/3/2021	12332
80	24/3/2021	15124
81	25/3/2021	12701
82	26/3/2021	12979
83	27/3/2021	12937
84	28/3/2021	19021
		99456
Total steps		1231507
Av steps/day		14661
Total distance (km)		929
Av dist (km)		11.06